



# SPRING 2012 ACTIVITIES

- Online registration: Thursday, December 1<sup>st</sup> at 6 a.m. - Friday, December 16<sup>th</sup> at 4:00 p.m.
- Click [HERE](#) to register.
- Classes begin the week of January 9, 2012, unless otherwise indicated.
- For additional information, contact:  
 DeLisa Tracy [dtracy@montessorisa.org](mailto:dtracy@montessorisa.org) for Activities and One-Day Classes  
 Leticia Obregon [lobregon@montessorisa.org](mailto:lobregon@montessorisa.org) for Athletics and Sports

## ACTIVITIES

CLASS	AGE GROUP	COST	DAY	TIME	INSTRUCTOR
<b>NEW</b> From Square to Stunning Success	Ages 4 – 6	\$375 Includes \$10 material fee	Mondays	3:15 – 4:15	Deyca Arbona <i>MSSA</i>
Gymnastics	Ages 4 – 5	\$365	Mondays	3:15 – 3:45	Shayla Wheeler
Gymnastics	Ages 6 & Up	\$365	Mondays	3:45 – 4:30	Shayla Wheeler
Hip Hop	Ages 8 – 11	\$385	Mondays	3:15 – 4:15	<i>Move 'n' Groove</i>
Art (LE)	Ages 6 – 9	\$385 Includes \$30 material fee	Mondays	3:15 – 4:15	Rebecca George <i>MSSA</i>
Join The Cast	LE & UE	\$410	Tuesdays	3:15 – 4:15	Donna Hengst <i>MSSA</i>
Spanish (Primary)	Ages 4 – 5	\$410	Tuesdays	3:15 – 4:15	Deyca Arbona <i>MSSA</i>
<b>NEW</b> Mandarin Chinese	Ages 5 – 9	\$410	Tuesdays	3:15 – 4:15	Kathy Ma <i>IES Language Foundation</i>
Before-School Yoga	Ages 5 – 14	\$410	Tuesdays & Thursdays	7:30 – 8:00	Rachel Kresh
Kung Fu (Primary)	Ages 3 – 5	\$410	Wednesdays	2:15 – 2:45	Ryan Howard <i>San Antonio Shaolin-Do Schools</i>
Kung Fu (LE, UE)	Ages 6 – 9	\$410	Wednesdays	2:45 – 3:15	Ryan Howard <i>San Antonio Shaolin-Do Schools</i>
Creative Movement	Ages 3 – 4	\$430	Wednesdays	11:45 – 12:30	<i>Move 'n' Groove</i>
Lego Robotics	Ages 5 – 11	\$410	Wednesdays	2:15 – 3:15	<i>American Robotics Academy</i>
Origami	Ages 6 – 10	\$280 Includes \$20 material fee	Wednesdays Jan 11 – April 11	2:15 – 3:15	Vera Shoho and Rebecca George <i>MSSA</i>
Cross Stitch	Ages 6 – 10	\$130 Includes \$10 material fee	Wednesdays April 18 – May 23	2:15 – 3:15	Vera Shoho and Rebecca George <i>MSSA</i>
Piano*	Ages 6 – 14	\$860	Wednesdays	3:45 – 5:15*	Victoria Folks <i>MSSA Alumna</i>
Cheerleading	Ages 5 – 14	\$410	Thursdays	3:15 – 4:15	Shayla Wheeler
Spanish (LE)	Ages 6 – 9	\$410	Thursdays	3:15 – 4:15	Deyca Arbona <i>MSSA</i>
Ballet/Jazz	Ages 5 – 9	\$430	Thursdays	3:15 – 4:15	<i>Move 'n' Groove</i>
<b>NEW</b> Cooking and Culture	Ages 6 – 9	\$435 Includes \$25 material fee	Thursdays	3:15 – 4:15	Vilma Flores <i>MSSA</i>
Guitar	Ages 10 – 14	\$410	Thursdays through May 3	3:15 – 4:15	Becca Morgan <i>MSSA</i>
Art (Primary)	Ages 4 – 6	\$365 Includes \$35 material fee	Fridays	3:15 – 4:15	Vera Shoho and Rebecca George <i>MSSA</i>
Piano*	Ages 6 – 14	\$685	Fridays	3:45 – 5:15*	Victoria Folks <i>MSSA Alumna</i>

\*Each class is a 30-minute private session. First class begins at 3:45 PM and last begins at 5:15 PM



# ONE-DAY-ONLY CLASSES



CLASS	AGE GROUP	CLASS COST	DATE	TIME	INSTRUCTOR
Valentine's Day	Ages 4 – 10	\$40	Tues, Feb 14	3:15 – 4:15	Vera Shoho and Rebecca George MSSA
Fiesta	Ages 4 – 10	\$40	Tues, April 17	3:15 – 4:15	Vera Shoho and Rebecca George MSSA



# MIDDLE SCHOOL ATHLETICS



Competes in the Independent School Athletic League (ISAL)

SPORT	AGE GROUP	COST	DAYS	TIME	SEASON
Track	5 <sup>th</sup> years and up	\$250	Mondays and Wednesdays	M: 3:15 – 4:30 W: 2:15–3:30	Mid February – April



# YOUTH COMPETITIVE SOCCER



Mandatory Attendance at Saturday Games • Location: Braundera Family YMCA

TEAM NAME	AGE GROUP (Age as of 9/1/11)	COST	DAYS	TIME	SEASON
U6	Ages 4 – 5	\$220	Tuesdays and Thursdays	3:15 – 4:15	End of March – End of May
U8	Ages 6 – 7	\$220	Tuesdays and Thursdays	3:15 – 4:15	End of March – End of May
U10	Ages 8 – 9	\$220	Tuesdays and Thursdays	3:15 – 4:15	End of March – End of May

**NOTE**

Interested parents can register for the Soccer Club (January - March) to prepare for the Competitive Season, which begins March 27.





# SOCCER CLUB





No Saturday Games



TEAM NAME	AGE GROUP	COST	DAY	TIME	SEASON
Primary Soccer Club	Ages 4 – 6	\$215	Wednesdays	I: 2:15 – 2:45 II: 2:45 – 3:15	January 11 – March 28
Elementary Soccer Club	Ages 7 – 10	\$240	Mondays	3:15 – 4:15	January 9 – March 26



 <b>GOLF</b> 					
Presented by	AGE GROUP	COST	DAY	TIME	SEASON
Kids On Course Session I	Age 5 & up	\$175	Mondays	3:15 – 3:45	January 23 – February 27
Kids On Course Session II	Age 5 & up	\$175	Mondays	3:15 – 4:15	March 19 – April 16



 <b>TENNIS</b> 					
Parents are responsible for transportation to The Club at Sonterra					
TEAM NAME	AGE GROUP	COST	DAYS	TIME	SEASON
Tennis	Age 5 & up	\$325	Tuesdays and Thursdays	4:00 – 5:00	February 7 – April 19

 <b>FUN 'N' FIT GIRLS</b> 					
NAME	AGE GROUP	COST	DAY	TIME	SEASON
Fun 'n' Fit Girls	Ages 5 – 12	\$340	Tuesdays	3:15 – 4:15	January 10 – April 24

 <b>JUMP ROPE EXPRESS</b> 					
NAME	AGE GROUP	COST	DAY	TIME	SEASON
Jump Rope Express	Ages 7 – 12	\$195	Wednesdays	2:30 – 3:30	January 18 – May 9 (No class on 2/29/12)

 <b>FUNDAMENTAL AND CREATIVE BASKETBALL</b> 					
TEAM NAME	AGE GROUP	COST	DAY	TIME	SEASON
TOT (Teams of Tomorrow)	Ages 3 – 4	\$370.00	Thursdays	11:45 – 12:30	January 12 – May 10

 <b>SWIM SCHOOL</b> 					
Presented by	AGE GROUP	COST	DAY	TIME	SEASON
SA Swim Academy	Age 5 & up	\$140.00	Wednesdays	2:30-3:30	April 4 – May 16

 <b>PARENTS' NIGHT OUT • 5 FRIDAYS!</b> 					
ACTIVITY NAME	AGE GROUP	COST	DAY	TIME	DATES
Parents' Night Out	Age 6 & Up	\$200 \$50 for add'l siblings	Fridays	7:00 - 10:00 PM (Drop off at 6:45)	January 27, February 10, March 2, April 13, May 11

# SPRING 2012 ACTIVITIES

Number of classes for Activities, unless otherwise noted (Athletic schedules may differ):

Mondays	17
Tuesdays, Wednesdays, Thursdays	19
Fridays	15

## Fees/Payment

Class fees will be posted to your Parents Web account by January 20, with payment due February 1. If you are set up for auto-pay, the balance due will be drafted with your monthly account balance on February 9. If you need to make payment arrangements or have billing questions regarding Activities, please contact DeLisa Tracy at [dtracy@montessorisa.org](mailto:dtracy@montessorisa.org).

## Add, Drop, Change

A final opportunity to add, change or drop a class will be available on Friday, January 13, from 8:00 AM to 4:00 PM. Registrations will be taken on a first-come, first-served basis.

An Enrollment Agreement must be completed and returned to MSSA prior to the first day of class. A link to the Enrollment Agreement is posted on the registration website.

## Class Cancellation

MSSA reserves the right to cancel or alter any scheduled class if necessary. If a class is cancelled, all fees will be refunded.

## COURSE DESCRIPTIONS - ACTIVITIES

### **From Square to Stunning Success (Mondays)**

By using construction paper, scissors and glue, this class will help your child develop self confidence and creative ability. Students will learn to follow oral and visual instructions, color, and shape recognition and to work individually and independently. They will also develop an awareness of spatial relationships as well as develop fine-motor skills and strengthen eye-hand coordination.

### **Gymnastics (Mondays)**

Students will learn the concepts and basic skills of gymnastics including: balance beam, tumbling skills, bars, vault, floor-work, balance, and body control. *Instructor: Shayla Wheeler*

### **Hip Hop (Mondays)**

This class will teach students an urban form of dance that will focus on isolation, locking, and popping in a structured class. Movement is low to the ground and influenced by today's youth culture. *Instructor: Stacy Jones*

### **Art-Lower Elementary (Mondays)**

This class will explore a variety of media while nurturing creativity through exposure to the work of major artists. *Instructor: Rebecca George*

### **Join the Cast (Tuesdays)**

This class of creative dramatics will build self-confidence while students learn the skills of a live performance. Fun, enriching acting activities, improvisational techniques, theatre games, characterization and creative role playing add up to excitement on the stage for new and returning students. A play performance will culminate the semester with everyone involved. *Instructor: Donna Hengst*

### **Spanish-Primary (Tuesdays)**

Students will learn as they play. They will play games such as Lotería (Bingo) and Simón Dice (Simon Says), sing songs, read stories, create puppets to act out their stories, and enjoy cultural snacks. *Instructor: Deyca Arbona*

**Mandarin Chinese (Tuesdays)**

Students will learn basic thematic conversation, questions and answers and do cultural activities.

*Instructor: Kathy Ma*

**Yoga for Kids (Tuesdays and Thursdays, before school)**

This class will encourage students to bend, stretch and practice yoga in a specialized program designed to provide a sense of focus, self discipline and physical health. *Instructor: Rachel Kresh*

**Kung Fu (Wednesdays)**

Kids will learn the Chinese martial art of Shaolin-Do Kung Fu. Techniques and principles of the art are the primary focus of the class. Students will learn that hard work and fitness are fun. They will have fun while practicing patience, perseverance, and effort. *Instructor: Ryan Howard*

**Creative Movement (Wednesdays)**

Dance students will learn technique in classical ballet. *Instructor: Stacy Jones*

**Lego Robotics (Wednesdays)**

Imagine. Create. Amaze. This class will give students the opportunity to turn their ideas into mechanical wonders. LEGO mechanics will introduce students to gears, motors, pulleys, wheels and a variety of other functions. Return students will be introduced to new projects and also have the opportunity to repeat some of their favorites. *Instructors: American Robotics Academy*

**Origami (Wednesdays)**

Students will learn to make several designs with unique papers, keeping their favorites in a book that they will design and bind. *Instructors: Vera Shoho and Rebecca George*

**Cross Stitch (Wednesdays)**

Students may choose from numerous cross stitch patterns, or design their own, then cross stitch using a wide selection of colored floss. *Instructors: Vera Shoho and Rebecca George*

**Piano (Wednesdays and Fridays)**

Students will learn the basics of music such as theory, sight reading, as well as proper technique and performance practice. *Instructor: Victoria Folks*

**Cheerleading (Thursdays)**

Children will learn concepts and basic skills of cheerleading, including, cheers, chants, motions, jumps, stunts and spirit. *Instructor: Shayla Wheeler*

**Spanish-Lower Elementary (Thursdays)**

Students will be encouraged to comprehend, read, write and recall orally the Spanish introduced to them in class. They will be expected to use complete sentences and proper grammar to express themselves. Fun role playing activities and language games will complement the academic activities as a way to keep the student's interest. *Instructor: Deyca Arbona*

**Ballet/Jazz (Thursdays)**

Students will learn both classical ballet and jazz techniques. *Instructor: Stacy Jones*

**Cooking & Culture (Thursdays)**

This hands-on cooking class will give students the opportunity to explore cultures through their cuisine. They will learn about different customs and cultural traditions, and prepare foods from around the world. *Instructor: Vilma Flores*

**Guitar (Thursdays)**

Beginners will learn the basic open chords and strumming patterns. Intermediate students will take the next steps in learning power chords and melody lines. Students must bring their own guitar, case and binder. A guitar book and CD will be provided. *Instructor: Becca Morgan*

### **Art-Primary (Fridays)**

This class provides students an opportunity to develop their creativity while exploring various art media. *Instructors: Rebecca George and Vera Shoho*

### **One-Day-Only Classes (see schedule for dates)**

Students will do arts and crafts projects associated with the class theme. *Instructors: Vera Shoho, Rebecca George*

## **COURSE DESCRIPTIONS - ATHLETICS**

### **Youth Competitive Soccer (Practice Tuesdays and Thursdays, games Saturdays)**

Teams of 10-12 students will practice twice a week on the MSSA fields. It is mandatory that all players attend the Saturday games located at the Braundera YMCA Sports Complex. The game schedules will be handed out once the teams have formed. *Instructors: TBA*

### **Soccer Club (Practice Mondays or Wednesdays, depending on age group)**

The soccer club is designed for beginner, intermediate and advanced players to help build on their skills and understanding of the game. There are no Saturday games to attend. *Instructor: Coach O*

### **Golf (Mondays)**

The Kids on Course At-School, After-School junior golf program is the perfect way to introduce children to the game of golf. The program is taught outdoors on the MSSA sports field. All equipment is provided, including clubs specifically designed to fit children. Instructors use the game of golf to reinforce the cornerstones of character, discipline, and perseverance. *Instructors: Kids on Course*

### **Tennis (Tuesdays and Thursdays)**

Tennis is held at the Club at Sonterra, located at 901 Sonterra Blvd. The Club at Sonterra boasts twenty-five lighted and beautifully landscaped tennis courts, both hard surface and clay. Parents are responsible for transportation to and from class. All equipment is provided. *Instructors: The Club at Sonterra*

### **Fun 'n' Fit Girls (Tuesdays)**

This class is all about fun and learning healthy habits that will last a lifetime. Girls will be engaged in various activities throughout the semester, such as, scrapbooking, spa hour, yoga, indoor/outdoor games, crafts, cooking, kite making, fiesta fun, etc. *Instructor: Coach O*

### **Jump Rope Express (Wednesdays)**

This is a premier jump rope program, developed by Coach Bobby, whose focus is to get kids active and moving! The program gives students of different ages and abilities the physical skills necessary for a healthy lifestyle, the confidence to improve their performance skills, and a love for the great sport of jump rope that will energize them to stay fit. "Jump for Fun with Purpose" is the philosophy of the program. *Instructor: Bobby Barrera*

### **TOT (Teams of Tomorrow) (Thursdays)**

TOT is a creative and unique way for a student to learn, experience, and master all sorts of ball handling tricks. Participants will master 25 ball handling and dribbling drills during the TOT training program. Academics and agility are part of each weekly lesson. TOT teachers will model, encourage, and inspire children to be the very best that they can be. *Instructors: Teams of Tomorrow*

### **Swim School (Wednesdays - April-May)**

The San Antonio Swim Academy has proudly served San Antonio families since 2000 and currently has over 900 students. Each year we help students and families learn water safety skills and swimming technique. Our philosophy is always the same regardless of the class: build a relationship with the student, provide the

highest quality of instruction, and expand their understanding of what is possible. [Our Missions Statement](#): A tradition of personal achievement replacing the individuals experience with the ability to go beyond what is thought possible. We are excited to enter into a partnership with The Montessori School of San Antonio. Our top instructors will guide your children in becoming water safe in a fun environment at the Rogers Ranch Spectrum Athletic Club. Lessons will be held on Wednesdays from 2:30- 3:30 p.m. beginning April 4, 2012 and ending on May 16, 2012. Based upon enrollment, children will be divided into groups of 10-12 according to age and ability.

**Parents Nights Out (*Fridays, see schedule for dates*)**

Parents Nights Out is held one Friday each month from 7:00 - 10:00 PM, with drop-off beginning at 6:45pm. Kids will be kept busy with indoor and outdoor games and activities and the night of fun will end with a big screen movie! Snacks and drinks will be provided. *Instructors: Coach O and Coach Brenda*

## INSTRUCTORS

**Deyca Arbona**

Deyca is a MSSA Spanish Teacher with a BS Degree and Montessori Certification. She brings great knowledge of the Spanish language and her teaching experience to these enhancement classes.

**Brenda Estrada (Coach Brenda)**

Brenda is the Athletic and Physical Education Assistant and Motor Skills Coordinator here at MSSA. She has a B.A., Kinesiology with a Teaching Certification. She is an All-Around coach with special interests in volleyball and soccer. Coach Brenda is CPR and First Aid certified from the American Red Cross.

**Vilma Flores**

Vilma has been a MSSA Lower Elementary Assistant for two years and has a BS in Communication.

**Victoria Folks**

Victoria is a Senior Music Performance major at The University of Texas at San Antonio, specializing in piano performance. She has studied piano for 18 years, and has five years teaching experience. She is a MSSA alumna with numerous performance accolades to her name.

**Rebecca George**

Rebecca is a MSSA classroom assistant with a BFA Degree and is a former Graphic Designer. She brings exceptional talent and years of experience to this class.

**Ryan Howard**

Ryan is a 4th degree black belt in the art of Shaolin-Do. He has 12 years of instructing experience in his studio, after-school programs and seminars as well as instructing the San Antonio Spurs.

**Donna Hengst**

Donna is a MSSA classroom assistant with a BS Degree in Education. She has many years of experience teaching theatre and speech.

**Stacy Jones**

Stacy has over 20 years of dance training in ballet, tap, jazz, hip hop and musical theater. She graduated from UTSA in 2003 with a BA in Communication with a concentration in Public Relations. She has won numerous prestigious awards for her choreography and has over 10 years of teaching experience from ages 18 months to adult. Currently, she is the Teen, Ms. and Mrs. Texas International Pageant Choreographer. Stacy works for Move 'n' Groove.

**Rachel Kresh**

Rachel is a yoga instructor at Yoga Sanctuary, where she works with children and adults. Rachel is certified at the 200 hour level in Hatha Yoga and is in good standing with Yoga Alliance.

**Kathy Ma**

Ms. Ma is an instructor at the Confucius Institute at UTSA and has taught Chinese through NISD. She is also a certified Chinese dance instructor.

**Becca Morgan**

Becca is a MSSA Music Teacher. She has a Bachelor's degree in Music Education and brings her experience and enthusiasm for music as well as her talent as a musician to the program.

**Leticia Obregon (Coach O)**

Coach O is the Director of Athletics and Physical Education here at MSSA. She has a B.A., Exercise & Sport Science and M. Ed Kinesiology and Health Promotion. She is a certified Fitness Specialist/Personal Trainer from Dr. Kenneth Cooper Institute and certified from the NFHS in the Fundamentals of Coaching and American Red Cross in CPR and First Aid. Coach O has participated in volleyball, soccer, basketball and track and played soccer all the way up to the collegiate level.

**Vera Shoho**

Vera has been a Primary Assistant at MSSA for 10 years and has a BS in nursing.

**Shayla Wheeler**

Shayla has 6 years of coaching experience in cheerleading, tumbling, and gymnastics. She has coordinated and managed several programs for children ages 3-12. Shayla is trained in Biomechanical Analysis and is Member Certified USA Gymnastics member, USA Gymnastics Safety Certified, and United States All Star Federation Certified.