

Daily Schedule

By 8:00 AM	Wake	Eat breakfast, make your bed, get dressed, put pj's in the laundry
8:00 - 9:00 AM	Academic Time	Educational games, reading books, letter sounds, numerals, online games or apps, weekly planner (Full-day students)
9:00 - 10:00 AM	Outdoor Play	Walks, ride bikes, play in the yard, walk dog, yoga indoors if it is raining
10:00 - 11:00 AM	Creative Time	Legos, magnatiles, crafting, music, baking, drawing, coloring,
11:00 - 11:30 AM	Practical Life Activities (Chores)	Wipe surfaces, doorknobs, and lightswitches, make beds, help with dishes, fold laundry, sweep porch, wash windows
11:30-12:00 PM	Lunch	
12:00 - 1:30 PM	Quiet Time	Nap, reading, puzzles, playing quietly in bedroom
1:30 - 2:30 PM	Academic Time	Educational games, reading books, letter sounds, numerals, online games or apps, weekly planner (Full-day students)
2:30 - 3:30 PM	Afternoon Fresh Air	Walks, ride bikes, play in the yard, walk dog, yoga indoors if it is raining
3:30 - 5:30 PM	Free Time	NO ELECTRONICS
5:30 - 7:00 PM	Evening Activities	Dinner, baths, storytime
7:00 - 8:30 PM	Recommended Bedtime	3 year olds 7PM, 4 year olds 7:30 PM, 5 year olds 8PM

*Please avoid playdates and play in public parks